

## Workshop

# How to Lead with Emotional Intelligence

- 2 Hour Workshop
- Delivered in-house or live online
- Up to 20 participants



Bosses demand, leaders guide, and if an employee doesn't like our style they won't stick around.

To truly lead, you need empathy, self-awareness, and emotional intelligence. This workshop helps you understand your leadership style, recognise your blind spots, and respond to challenges with clarity. Discover how to lead yourself first so others want to follow.

#### Know yourself. Grow as a leader. Inspire your team.

#### **LEARN TO:**

- Describe the relationship between perspective and self-awareness
- Discover open and hidden leadership qualities
- Identify the positive impact of self-awareness on our ability to lead effectively
- ✓ Practice "feedforward" as a tool for personal growth and self-awareness

### Contact your local office for more details